

**Free Map & Guide**  
The Mineral Trails & West Kernow Way

Explore miles of Trails  
to eat stay play & shop  
plus some of the finest places  
including history & wildlife  
Your trail guide

More maps of Cornwall free to download at  
mineraltrails.co.uk

#mineraltrails  
@mineraltrails  
mineraltrails.co.uk

**Falmouth Cycles**

Sales & Repairs.  
A huge selection of bikes,  
parts and accessories.  
Cycle service specialists.  
Bikes for all the family.  
Cycle to work scheme.

explore the  
Mineral Trail and Cornwall

Unit F1, Tregonig Industrial Estate, Falmouth, TR11 4SN Tel: 01326 373399

**THE GOLDEN LION INN**  
Stithians

Great Food • Great Beer • Great Place  
A popular stop for walkers and cyclists on the West Kernow Way

A family run and child friendly pub-restaurant set in the  
beautiful surrounds of an Area of Outstanding Natural Beauty

We also have 20 campsite pitches all including electric hook-up,  
easy water access, shower and toilet, washing machine and tumble  
dryer facilities making any time of the year a perfect time to visit

We also have a holiday cottage and static caravan.  
Pre-booking is recommended as we are a popular site

Menherion, Redruth TR16 6NW • Tel: 01209 860332  
www.thegoldenlioninn.co.uk

**Heartlands**

Robinson's Shaft, Dudnace Lane, TR15 3QY • 01209 707300

**CLIVE MITCHELL CYCLES**

6 Calenick Street, Truro, TR1 2SF  
Tel: 01872 276930  
shop@clivemitchellcycles.co.uk

Unit 1, Chapel Parc, Summercourt, TR8 5AH  
Tel: 01872 487199  
shop@clivemitchellcycles.co.uk

CORNWALL'S PREMIER BIKE SHOP  
MOUNTAIN • ROAD • eBIKES  
SALES AND SERVICING

IN TRURO AND OUR NEW FLAGSHIP  
STORE JUST OFF THE A30 AT SUMMERCOURT

AWARD WINNING 2017 REGIONAL FINALIST  
OF BRITAIN'S BEST BIKE SHOP

www.clivemitchellcycles.co.uk



Enjoy the spectacular landscapes  
and learn more about the local  
wildlife as you explore the  
Mineral Trails

Common Lizard

Scan this QR code or visit  
www.mineraltrails.co.uk



**AZTEC LEISURE** Open 7 days a week all year!  
Shop online at www.aztecleisure.co.uk

The largest camping and caravan shop in Cornwall

Tents, awnings for caravans & motorhomes  
Camping & caravan accessories & spares  
Color gas & Campingaz supplies  
All the top brands available

Travellers  
Nr Perranporth  
TR5 0XY  
Tel: 01872 552372



0 5 miles  
SCALE



**CUCKOO VALLEY**  
CORNISH BY NATURE

A small family run craft older company  
who believe in making craft orders at  
naturally and as simply as possible.

Producing olders that are full of  
depth and flavour and quite  
simply good traditional older.

Retail bar on site for those who like  
to try before they buy.

The Orchard, Nancekuke, Redruth TR16 5UJ • Tel: 07428 726910



**COASTAL TRAIL CYCLE HIRE**

Based in Porthtownan we have an extensive  
range of bikes including electric, mountain, hybrid,  
road and children's bikes. Either pick up from us or we  
can deliver and collect from your holiday accommodation  
bookings@coastaltrailcyclehire.co.uk

Mount Pleasant Eco Park, Porthtownan, TR4 8HL • 07398 705650

**COASTAL TRAIL CYCLE HIRE**

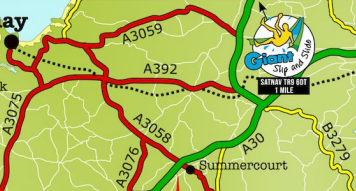
Based in Porthtownan we have an extensive  
range of bikes including electric, mountain, hybrid,  
road and children's bikes. Either pick up from us or we  
can deliver and collect from your holiday accommodation  
bookings@coastaltrailcyclehire.co.uk

Mount Pleasant Eco Park, Porthtownan, TR4 8HL • 07398 705650

**GIANT SHIP AND SLIDE**

WE HAVE MOVED !!! - SATNAV TR9 6DT  
Now Even Longer for Summer 2024  
440ft

Book Online  
www.giantshipandslide.co.uk



**CLIVE MITCHELL CYCLES**

6 Calenick Street, Truro, TR1 2SF  
Tel: 01872 276930  
shop@clivemitchellcycles.co.uk

Unit 1, Chapel Parc, Summercourt, TR8 5AH  
Tel: 01872 487199  
shop@clivemitchellcycles.co.uk

CORNWALL'S PREMIER BIKE SHOP  
MOUNTAIN • ROAD • eBIKES  
SALES AND SERVICING

IN TRURO AND OUR NEW FLAGSHIP  
STORE JUST OFF THE A30 AT SUMMERCOURT

AWARD WINNING 2017 REGIONAL FINALIST  
OF BRITAIN'S BEST BIKE SHOP

www.clivemitchellcycles.co.uk



**COASTAL TRAIL CYCLE HIRE**

Based in Porthtownan we have an extensive  
range of bikes including electric, mountain, hybrid,  
road and children's bikes. Either pick up from us or we  
can deliver and collect from your holiday accommodation  
bookings@coastaltrailcyclehire.co.uk

Mount Pleasant Eco Park, Porthtownan, TR4 8HL • 07398 705650



Learn more about the history of  
this fascinating industrial  
landscape as you explore the  
Mineral Trails

Scan this QR code or visit  
www.mineraltrails.co.uk

**King Edward Mine**



**Cambrose TOURING PARK**

Small family-run site  
Family friendly  
Dog friendly

Only 100 metres  
from the  
Mineral Trails

Portreath Road, Cambrose, Redruth, TR16 4HT • Tel: 01209 890 747

**THE GOLDEN LION INN**  
Stithians

Great Food • Great Beer • Great Place  
A popular stop for walkers and cyclists on the West Kernow Way

A family run and child friendly pub-restaurant set in the  
beautiful surrounds of an Area of Outstanding Natural Beauty

We also have 20 campsite pitches all including electric hook-up,  
easy water access, shower and toilet, washing machine and tumble  
dryer facilities making any time of the year a perfect time to visit

We also have a holiday cottage and static caravan.  
Pre-booking is recommended as we are a popular site

Menherion, Redruth TR16 6NW • Tel: 01209 860332  
www.thegoldenlioninn.co.uk

**polmanter**  
ST IVES  
AA PLATINUM CAMPSITE 2022  
5th award-winning campsite within  
walking distance of St Ives  
Generous pitches and fantastic  
modern facilities  
Heated outdoor pool and play areas  
Luxury apartments & cottages  
01736 795640 polmanter.com

**mount pleasant ECO PARK**  
01209 881500  
www.mpeopark.co.uk  
CHAPEL HILL, TRURO TR4 8HL

**FOOD  
MUSIC  
MARKETS  
CAMPING  
WEDDINGS  
VENUE HIRE  
COMMUNITY SPACE**

**Little Trevothan**  
Camping & Caravan Park  
Quiet, family run holiday park in a  
secluded setting just a short  
cycle ride and stroll from Coverack.  
Sited on the West Kernow Way cycle  
route and close to the coast paths we  
offer good rates for cyclist and hiker tent  
pitches, and a warm welcome to all.  
We also have lovely holiday caravans and  
spacious pitches for campers and tourers.

**Lanyon Holiday Park**  
Camping, Touring and Self Catering Holidays  
Only 800 metres from the Mineral Trails  
Loscombe Lane, Four Lanes, Redruth, TR16 6LP  
www.lanyonholidaypark.co.uk • Tel: 01209 313474

**Restrougnet Creek Mine**

**Devoran Quay**





**TRENGOVE FARM**  
 6 well equipped self catering cottages  
 FTS 5 star Gold award  
 Ideal base for walking and cycling  
 Walk to the beach along the Portreath Branchline Trail  
 Trengove Farm Holiday Cottages, Cot Road, Illogan, TR16 4PS  
 www.trengovefarm.co.uk  
 01209 843 008



**THE RED LION**  
 OPEN ALL DAY  
 DOG FRIENDLY  
 SPECIAL NIGHTS  
 LARGE ENCLOSED BEER GARDEN  
 BREAKFASTS  
 FRI & SAT 10 - 12  
 FOOD SERVED DAILY  
 redlionblackwater.co.uk  
 Tel: 01872 540280  
 SatNav: TR4 8EU



**SCHOOSE**  
 THE SHOES - THE CHOICE  
 Open 7 days a week or order online at:  
 www.schoose.co.uk  
 An independent, family run business selling beautiful, high quality footwear, clothing and accessories  
 New Portreath Road, Redruth, TR16 4QL  
 T: 01209 843815



**Family Bike Park**  
**THE TRACK**  
 Bike Hire  
 Cafe  
 Open 9 to 4  
 Book at [the-track.co.uk](http://the-track.co.uk)  
 SatNav: TR16 4HN



**Globe Vale**  
 A quiet countryside park set in 20 acres with far reaching views across rolling fields to the coast  
 one of Cornwall's top 10 campsites  
 Tel: 01209 891183  
 www.globevale.co.uk/am



**SAINT PIRAN**  
 CAFÉ • BAR • BIKE HIRE  
 OLD CONNS WORKS, BISSOE, TRURO, TR4 8QZ  
 T: 01872 870341  
 For bicycle sales, clothing, servicing and accessories visit our shop at 82 Mount Ambrose, Redruth TR15 1QR  
 T: 01209 843270 • www.bikechainbissoe.co.uk




**Portreath Tandoori**  
 Indian Restaurant & Takeaway  
 Restaurant • Takeaway • Delivery  
 3b Bridge Mews, Redruth, TR16 4QL  
 Call 01209 844888



**DE ROSA**  
**vicio**  
 BIKES  
 CUSTOM BUILDS  
 REPAIRS  
 CLOTHING  
 COFFEE  
 T: 01209 316529



**TR1 CYCLES**  
 stolen goat  
 KINESISUK  
 ADVISE  
 ADJACENT TO TRAIL  
 FREE PARKING  
 BIKE FIT  
 SPORTS NUTRITION  
 @tricyclescornwall  
 www.tricycles.org.uk  
 Tower House, Portreath, TR16 4QL



**THE FOX & HOUNDS**  
 Picture postcard pub offering a warm welcome  
 A great place to stop on the Coast to Coast Trail  
 Local ales and fine home cooked food  
 Find us just off the B3298 in Scorrier, TR16 5BS • T: 01209 821677



**Bon Appétit**  
 Light refreshments, cream teas, homemade cakes, pastries, plus a selection of savouries and ice creams  
 May all that enter as guests leave as friends  
 The Store, Tlivalheads, TR4 8SH  
 Telephone 01209 822088



**BISSOE VALLEY TOURING PARK**  
 A peaceful site overlooking the Coast to Coast Cycle Trail.  
 Adults Only - Dog friendly.  
 16 Fully serviced pitches  
 Bissoe, Truro, TR4 8RJ • Tel: 07904 540709 • [bissoevalleytouringpark.co.uk](http://bissoevalleytouringpark.co.uk)

